

Starters

Carpaccio Royale 159: -

Thinly sliced beef with shaved parmesan, truffle mayonnaise, mushrooms, and pickled red onion. Garnished with arugula and roasted pine nuts.

Rek. wine: Les Pierres Dorées

S.O.S Matjes Herring 139: -

Classic matjes herring with new potatoes, crème fraîche, finely chopped onions, browned butter, aged cheddar, and crispbread.

Rek. Wine. Borstahusen Lager & Ice cold...

Beef Tartare Half 159: - Full 225:-

Hand-cut beef, soy & sesam mayonnaise, pickled jalapeño, crispy onions, toasted levain bread, Parmesan, and puffed rice.

Rek. wine: Le Versant

Kompass Skaguntoast 159: -

Our creamy Skagen mix on butter-fried sourdough bread, topped with lumpfish roe, lemon, and dill.

Rek. Wine: Paco & Lola NO 12

Cheese & Charcuterie Board 229: - (for 2 people)

A carefully selected assortment of cold cuts and cheeses, served with marmalade, olives, and seed crackers.

Rek. Wine: Vigneti Del Sole

Appetizers

Nachos deluxe 139: -

Warm nacho chips with ground beef, gratinated with cheddar & parmesan cheese. Topped with chopped red onion and jalapeños. Served with tomato salsa and aioli.

Nachos kompasstyle 149: -

Nacho chips with sour cream, chopped red onion, dill, hand-peeled shrimp, and lumpfish roe.

Plain Nachos 89: -

Warm nacho chips gratinated with cheddar & parmesan cheese.

Olives 69: -

mix of greek olives

Garlic Bread 79:-

Vegetarian Starters

White Asparagus 155: -

Grilled white asparagus with browned butter, herbs, seaweed spawn, and green herb oil.

Rek. Wine. Le Versant

Stuffed Portobello Mushroom 149: -

Grilled portobello mushroom filled with creamy ricotta, roasted pine nuts, and fresh herbs. Topped with grated parmesan and served on baby spinach.

Rek. Wine. Paco & Lola NO 12.

KOMPASS MAT & BAR



Starters

HARTFORD

Main Courses

Poached Cod Loin 349: -

Served with buttered potatoes, pea purée, seasonal root vegetables, trout roe, and hollandaise sauce.

Rek. Wine: **Hubert Brochard.**

Fish & Seafood Soup 289: -

Creamy soup with seasonal fish and seafood, flavored with white wine. Topped with fennel crudité and served with sourdough baguette and shrimp.

Rek. Wine: **Le Versant.**

Tagliatelle with Tiger Prawns 249: -

Pasta with butter-fried tiger prawns, garlic, chili, and white wine. Finished with parmesan, fresh herbs, and lemon.

Rek. Wine: **Paco & Lola NO 12.**

Chuck Burger 189:-/229: -

100g/200g Topped with crispy fried onions, aioli, lettuce, pickles, tomato, cheddar cheese, and bacon. Served with French fries.

Rek. Wine: **Grizzly Bear**

Grilled Sirloin Steak 329: -

Served with chimichurri, French fries, béarnaise sauce, and salad.

Rek. Wine: **Finca Antigua.**

Iberico pork crown chop 319: -

Grilled Iberico pork crown chop with mojo rojo, smashed potatoes, and endive salad.

Rek. Wine: **Vigneti Del Sole.**

Classics

Fish & Chips 239: -

Panko-fried cod fillet with remoulade sauce, hand-peeled shrimp, and French fries.

Rek. Wine: **Wine: Steining Kamptal.**

Spicy Moules Frites 249: -

White wine-steamed mussels with chili and fresh herbs, served with crispy French fries.

Rek. Wine: **La strada**

Shrimp Sandwich 199: -

Large hand-peeled shrimp on butter-fried Levain bread, with mayonnaise, cucumber, lettuce, egg, red onion, and lemon.

Rek. Wine: **Steining Kamptal.**

The "Overload" Shrimp Sandwich 249: -

300g of large hand-peeled shrimp on butter-fried Levain bread, with mayonnaise, cucumber, lettuce, egg, red onion, and lemon.

Rek. Wine: **Steining Kamptal.**

Seafood Wallenbergare 239:-

Light fish patty with mashed potatoes, clarified butter, stirred lingonberries, and green peas.

Rek. Wine: **Steining Kamptal.**

Vegetarian Main Courses

Roasted Cauliflower & Pak Choi 189: -

Served with chimichurri, haricots verts, shallot vinaigrette, and wild garlic mayonnaise.

Rek. Wine: **The Vinecrafter.**

Pasta Lemon 189: -

Creamy pasta with lemon, ricotta, cream, pickled lemon zest, parmesan, and artichoke hearts.

Rek. vin: **Hubert Brochard.**

KOMPASS MAT & BAR



Varmrätter

HARTFORD

Dessert

Blueberry panna cotta 99: -

Creamy panna cotta flavored with blueberries, served with berry compote.

Crème Brûlée 99: -

Smooth vanilla custard with a crisp caramelized topping.

Sorbet with fresh fruit 99: -

A refreshing sorbet served with seasonal fruits.
Ask the staff about today's flavor!

Almond Ice Cream 99: -

Creamy almond ice cream with carefully selected toppings.

Warm drinks

Irish Coffee 135:-

Jameson, brown sugar, coffee & cream

Kaffe Karlsson 135:-

Baileys, Cointreau, coffee & cream

Spanish Coffee 135:-

Liqueur 43, coffee & cream

After Eight 135:-

Minttu, Kahlua, coffee & cream

Something yummy..

Coffee 35:-

Tea 35:-

Limoncello 25:-/cl

Baileys 30:-/cl

Cointreau 30:-/cl

Hven Tyco Star 45:-/cl

Laphroaig 10 yr 45:-/cl

Plantation Bahamas 40:-/cl

KOMPASS MAT & BAR



Dessert/Coffee/Drinks

HARTFORD

Dagmeny

Shrimp sandwich / Loaded shrimpsandwich

169:-/199:- -

150g / 300g large hand-peeled shrimp, butter-toasted levain bread, mayonnaise, cucumber, lettuce, egg, red onion, lemon

Fried herring 179 : -

Classic fried herring with mashed potatoes, clarified butter, stirred lingonberries, and green peas.

Grandma Birgitta's meatballs 169: -

Hand-rolled meatballs made from Swedish pork, served with mashed potatoes, cream sauce, stirred lingonberries, and pickled cucumber.

Caesar sallad 169: - (Can be made vegetarian)

Romaine lettuce with grilled chicken breast fillet, bacon, grated Parmesan, and house-made Caesar dressing. Topped with homemade croutons. Also available with shrimp.

Fish & Chips 189: - (Can be made vegetarian)

Panko-fried cod fillet with remoulade sauce, hand-peeled shrimp, salad, and crispy French fries.

Chuck burger 169: - / 199: -

100 or 200 g

Topped with crispy onions, aioli, lettuce, pickles, tomato, cheddar cheese, and bacon. Served with French fries.

Hot-smoked salmon 189: -

Hot-smoked salmon with buttered potatoes, whitefish roe and dill hollandaise, topped with fennel crudités.

Meat of the Week 199: -

Served with chimichurri, green beans, shallot vinaigrette, and wild garlic mayonnaise.

Serveras fram till kl.16.00

KOMPASS MAT & BAR



Dagmeny

HARTFORD